



Black Bean Burgers

To thaw before frying, just drop the freezer bag into a dish of cold water for 15 minutes. In large skillet, heat tablespoon or so of olive oil until shimmery. Gently add the patties, cook each side until browned, about 5 minutes total.

Date Made/Frozen:



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Baked Southwestern Egg Rolls

Preheat oven to 425 and reheat until heated through. Serve warm with salsa.

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