



### **Thai Basil Turkey Meatballs**

Directions: Thaw in refrigerator. Place meatballs in baking pan coated with nonstick spray, and bake in 350°F oven for 12 mins. or until cooked through. Heat sauce on stovetop, then serve over meatballs.

*166 calories, 6.4 g fat, 4 WW PointsPlus*



### **White Lasagna**

Directions: Thaw completely in refrigerator, then bake in a 375°F oven for 30 minutes or until bubbling.

*264 calories, 4 g fat, 5 WW PointsPlus*



### **Loaded Baked Potato Soup**

Directions: Thaw in refrigerator, then place contents in slow cooker. Cook on low for 8 hours or until potatoes are tender.

*174 calories, 7.1 g fat, 5 WW PointsPlus*



### **Crockpot Hamburger Casserole**

Directions: Thaw in refrigerator. Place contents of bag into slow cooker and cook on low 6-8 hours.

*153 calories, 0.4 g fat, 4 WW PointsPlus*



### **Stovetop Chicken Fajitas**

Directions: Thaw in refrigerator, then cook on stovetop over medium-high heat until chicken is cooked and veggies are brown and tender. Serve with tortillas, light sour cream, or shredded cheese if desired.

*550 calories, 11 g fat, 13 WW PointsPlus*