



Carole's Chili

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Date Made/Frozen:



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Freezer Beef Stew

Thaw. Cook in crock pot on low for 6-8 hours (longer if partially frozen). If you want your stew thicker, use the 2 Tbsp cornstarch and mix it with 2 Tbsp cold water and add it to the cooked stew, turn it on high and cook for 30 more minutes.

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