



Deconstructed Broccoli & Chs Stuff Ck Breasts

Bake covered for 30 minutes at 350 degrees. Uncover and bake an additional 5-10

minutes or until browned.

Date Made/Frozen:



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Ultimate Bf Stroganoff

Thaw. Place in crock pot on low for 7-8 hours or high for 4-5 hours (high for 7-8 if fully frozen). Leave quart bags to defrost. When cooked

contents of quart bag to crock pot. Cook on high for 15-30 min. Add .5 cup of sour cream and serve over pasta, rice or potatoes.

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